



SPLIT SUMMER SCHOOL STSS2021

COURSE: SAILING AND SURVIVAL AT SEA

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Main topics:

- Cold exposure injuries at sea. Other medical problems aboard survival craft. Immersion. Near drowning.
- Food and water for rescued survivors. First Aid for Hazardous Marine Life Injuries. First Aid for Bites and Stings from Land Creatures (Coastal area, Adriatic Sea).
- Personal mental disabilities and how to talk in crisis situations.
- Rope works: knots and splices, rope connections.
- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats).*
- Final seminars presentations.

Programme structure:

- 5-day course
- Sample data will be provided for practice and for final presentation
- Every student gets lecture notes bound into a booklet, as well as a CD containing a digital version of the booklet, the current version of Y-code

Important dates:

Course dates: 06/09/2021 – 10/09/2021
Deadline for application: 15/07/2021
Payment due by: 27/07/2021
Confirmation of the course: 03/08/2021

Price of the course: 300 € (tax included)

Programme plan:

Day 1

- Introduction (0,5)
- Basic principles of sailing (1)
- Cold exposure injuries at sea: Frostnip, Frostbite, Immersion foot (trench foot), Generalized hypothermia due to cold water (1)
- Other medical problems aboard survival craft. Seasickness. Sunburn. Dehydration and malnutrition.

Programme lecturers:

Nikola Račić, PhD
University of Split, Faculty of Maritime Studies
Croatian Scientific Bibliography

Rosanda Mulić, PhD
University of Split, Faculty of Maritime Studies
Croatian Scientific Bibliography

Heat exposure. Contamination with oil. (1,5)

- Personal mental disabilities (1)

Day 2

- Rope works: knots and splices, rope connections (1,5)
- Vessel Deck Equipment (1,5)
- Immersion. Near drowning. (0,5)
- Food and water for rescued survivors. (0,5)
- First Aid for Hazardous Marine Life Injuries. First Aid for Bites and Stings from Land Creatures (Coastal area, Adriatic Sea). (1)

Day 3

- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats)*

Day 4

- Sailing and seamanship / multi day on board practical activities (sleeping on sailing boats)*

Day 5

- How to talk in crisis situations? (1,5)
- Final students seminars presentations (1,5)
- Sailing to Split (2)

Andrea Russo, PhD
University of Split, Faculty of Maritime Studies
Croatian Scientific Bibliography

Capt. Marijan Zujčić, Master Mariner, lecturer
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